

**Area Committee Well-being Fund – Project Proposal**  
**Outer West Area Committee**

**Project Name:** Pudsey Friday Night Project

**Lead Organisation:** Breeze Team, Development Dept

**Project Delivery - How will the project be delivered? (list any partners involved in the project):**

The project will be delivered by LCC City Development – Breeze Team. The project will provide increased access to leisure services for young people. There will be skilled workers (youth workers, sports coaches, PCSO's and artist practitioners) who will be involved with supporting the project. Support staff, gym instructors and Coaches will be funded through the Out of School Activities Team (OSA) and Wellbeing funding will fund the facilities, publicity some equipment and materials.

**Project Summary (include a brief description of the main activities,):**

The Friday Night Project (FNP) provides activities in sports, arts and crafts, music and dance to young people aged 8-18 years of age on a Friday night, 6-9pm. The aim is to encourage young people to engage in activities encouraging an active lifestyle and a safe place to socialise. Young people will have access to a range of facilities, including the main sports hall, meeting / activity room, chill-out area and the seniors will have access to the gym. The gym will be staffed by a qualified fitness instructor who will be able to advise on healthy lifestyles and set individual fitness programmes. The FNP runs at a time when anti-social behaviour in the area is reported as at its highest and aims to reduce this by providing an alternative place to go. There will be skilled workers (youth workers, sports coaches, PCSO's and artist practitioners) on site providing positive role models to young people. We will work in partnership with the sport development team to create volunteering opportunities in sport and club members will be encouraged to take up volunteering opportunities where this is an interest to them.

The funding being sought from the Well Being Fund would be used to fund the sports staff, a gym instructor and some equipment. Facilities will be funded through the Out of School Activities Team (OSA) and staff will be paid through in-kind contributions from Out of School Activities, West Yorkshire Police (WYP) and the Youth Service (YS).

The Friday Night Project in Pudsey first opened in November 2011 and has been fast growing in both the junior and senior sections.

**Outcomes (summarise the main outcome/output/benefit the project will achieve):**

- Increased access to leisure services for young people aged 8-18 years old between 6-9pm on a Friday evening when ASB is known to be at it's highest
- To increase Breezecard membership as all young people will use the Breezecard to register on to the programme
- To increase access to the leisure centre facilities and engagement in physical activity
- Regular attendance of up to 70 young people per session
- Overall membership of approximately 500 young people by the end of the first year

- Increased access to positive arts, physical and cultural activities by young people
- Reduction in youth anti social behaviour and offending in the local area
- Signposting of young people into appropriate support services i.e. Careers advice, Sexual Health information, Connexions Personal Advisors
- Increased uptake across the partner agencies' services as young people are made aware of the range of activities available to them in the locality
- Improved relationships between young people and local service providers and the extended community

**Project Cost. Please indicate**

**How much the project will cost? (List all partners and their contributions)**

Sports Staff Term 2 and 3 (28 weeks) x 3.5 hours - £1,960

Gym Instructor Term 2 and 3 (28 weeks) x 1.75 hours - £740

Equipment - £300

**Total - £3,000**

**Identify which geographic areas will benefit:**

Pudsey, Farsley & Calverley